

Event for the over 50s

HIGHGATE author and Saga agony aunt Keren Smedley is hosting a workshop on love, sex and relationships for the over 50s on June 20.

Smedley will be drawing on topics aired in her latest book *Who's That Sleeping in My Bed? The Art of Sex and Successful Relationships for Baby Boomers*, during the all day event at Myhotel in Bayley Street, WC1.

She is also the author of *Who's That Woman in the Mirror? The Art of Ageing Gracefully*, which urges older people to find new relationships or pep up their old ones.

Former newsreader Jan Leeming will run a question and answer session allowing participants to share their own experiences and tantric sex teacher Tracy Havill will discuss ways to awaken sexuality and feel attractive as you age.

Tickets cost £95 from www.experiencematters.org.uk and you can bring a friend along for free.